



NUTRITION AND SUPPLEMENT FACTS

Supplement facts are listed in alphabetical order

■ Ageless Actives™

Directions for use: Take two capsules twice daily as a dietary supplement preferably with meals. For Adults only.

Each capsule contains: Cholecalciferol (vit D3) 6.25mcg (250IU), ubiquinol (Co-Enzyme Q10) 25mg, *Linum usitatissimum* (Flaxseed) seed powder 15mg.

Herbal extracts equivalent to: *Polygonium cuspidatum* dry root 10mg, (equiv. 62.5mg Resveratrol), *Punica granatum* (pomegranate) fresh fruit 25mg, *Withania somnifera* (ashwagandha) dry root 5mg, *Lycium chinese* (wolfberry) fresh fruit 5mg, *Curcuma longa* (turmeric) dry root 5mg, *Vitis Vinifera* (red grape) fresh fruit 68.75g.

Warning: If you are on warfarin therapy, do not take without medical advice. Not suitable for children. If you are pregnant, nursing, diabetic, on medication, have any medical condition, or are beginning a weight control program, consult your physician before using this product or any other dietary supplement. Vitamin supplements should not replace a balanced diet.

■ Cleanse for Life™ – Natural Rich Berry Powder

Serving size: 1 scoop (6g). Servings per container: 16

Each 6g of powder contains: Nicotinamide (Vit B3) 700 mcg, pyridoxine hydrochloride 640mcg, cyanocobalamin (Vit B12) 0.9mcg, potassium citrate 37.5mg (equiv. 13.5mg potassium), *Aloe barbadensis* (Aloe vera) inner leaf powder 157mg

Concentrated herbal extracts equivalent to: *Vaccinium myrtillus* (bilberry) fresh fruit 1g, *Withania somnifera* (ashwagandha) dry root 362.5mg, *Rubus idaeus* (red raspberry) fresh fruit 1.3g, *Foeniculum vulgare* (fennel) dry seed 140mg, *Arctium lappa* (burdock) dry root 600mg, *Rhodiola rosea* (rhodiola) fresh root 100mg, *Eleutherococcus senticosus* (Siberian ginseng) dry root 90mg, *Glycyrrhiza glabra* (licorice) fresh root 90mg, *Mentha piperita* (peppermint) fresh leaf 80mg, *Curcuma longa* (turmeric) dry root 87.5mg and *Medicago sativa* (alfalfa) equiv. whole plant juice 250mg, choline bitartrate 5mg, inositol 5mg, L-methionine 5mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet.

■ e+

Serving Size: 60mL. Servings per Package: 6

Each bottle contains: Energy: 146.5kJ (35cal), protein: 0g, fat: total 0g, saturated 0g, carbohydrate 8g, sugars: 6g, dietary fibre: 0g, sodium: 10mg, caffeine: 90mg

Ingredients: Purified water, apple juice concentrate, glycerin, raspberry juice concentrate (1.5%), Siberian ginseng root extract, pomegranate juice concentrate, hawthorn berry extract, European mountain ash berry extract, crampbark berry extract, natural flavour, flavour enhancer (296), leuzea root extract, yerba mate leaf extract, green tea leaf extract, chaga fruiting body extract, rhodiola root extract, Japanese aralia root extract, schisandra seed extract, Chinese licorice root extract, stevia leaf extract, acidity regulator (311), D-ribose.

Caution: Contains caffeine comparable to a cup of regular coffee or premium tea. Do not mix with alcoholic beverages. Do not consume more than two bottles of e+ daily. Limit use of e+ if you are sensitive to caffeine or to avoid sleeplessness and occasional rapid heartbeat. Do not take if you are pregnant, breastfeeding, under 16 or have medical condition affected by caffeine. Discontinue use if adverse reaction occurs. If you are taking medication and/or have a medical condition, consult your healthcare professional before use.

■ Essentials for Men™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each tablet contains: Thiamine hydrochloride (vit B1) 6.75mg, riboflavin (vit B2) 6.75mg, nicotinic (vit B3) 6.31mg, pyridoxine hydrochloride (vit B6) 12.2mg, folic acid 125mcg, Cyanocobalamin (vit B12) 2.5mcg, calcium pantothenate (vit B5) 21.74mg,

calcium citrate hydrate 4.88mg (equiv. calcium 1mg), calcium carbonate 527.03mg (equiv. calcium 195mg), *Laminaria digitata* (kelp) blade and stem powder

8.33mg (equiv. iodine 25mcg), magnesium oxide heavy 146.55mg (equiv. magnesium 85mg), magnesium citrate 105.63mg (equiv. magnesium 16.27mg), zinc amino acid chelate 833mcg (equiv. zinc 250mcg), copper gluconate 3.65mg (equiv. copper 500mcg), manganese amino acid chelate 2.63mg (equiv. manganese 500mcg), chromium picolinate 104mcg (equiv. chromium 12.5mcg), citrus bioflavonoids extract 17.5mg, rutin 11.56mg, hesperidin 1.66mg, beta carotene 982mcg, calcium ascorbate 30.49mg (equiv. ascorbic acid 25mg, equiv. calcium 3mg), magnesium ascorbate 3.05mg, (equiv. ascorbic acid 2.5mg, equiv. magnesium 200mcg), sodium ascorbate 2.81mg (equiv. ascorbic acid 2.5mg), hydroxyapatite 13.64mg (equiv. calcium 3mg), calcium gluconate 11.66mg (equiv. calcium 1mg), Mixed tocopherols (high-alpha type) 7.54mg, phytomenadione 20mcg, biotin 75mcg, potassium iodide

34.77mcg (equiv. iodine 25mcg), zinc oxide 3.75mg (equiv. zinc 3mg), zinc citrate dehydrate 1.61mg (equiv. zinc 500mcg), selenomethionine 94mcg (equiv. selenium 37.5mcg), potassium citrate 34.72mg (equiv. Potassium 12.5mg), Borax 1.11mg (equiv. Boron 125mcg), R-alpha lipoic acid 5mg, choline bitartrate 2.82mg, cysteine hydrochloride 2.56mg, Lycopene 1mg.

Herbal extracts equivalent to dry: *Medicago sativa* (alfalfa) leaf 22.5mg, *Serenoa repens* (saw palmetto) fruit 100mg, *Vitis vinifera* (grape) fruit 2.5g, *Camellia sinensis* (green tea) leaf 100mg, *Punica granatum* (pomegranate) fruit 8mg, *Silybum marianum* (milk thistle) seed 80mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 150 micrograms for adult men of selenium from dietary supplements should not be exceeded.

■ Essentials for Women™

Directions for use: Adults take 4 tablets daily as a supplement with meals.

Each capsule contains: thiamin hydrochloride (vit B1) 8.42mg, riboflavin (vit B2) 8.68mg, nicotinic acid (vit B3) 5mg, pyridoxine hydrochloride (vit B6) 12.2mg, folic acid 125mcg, Cyanocobalamin (vit B12) 12.5mcg, Calcium pantothenate (vit B5) 21.74mg, Calcium citrate hydrate 4.88mg (equiv. calcium 1mg), Calcium carbonate 586.49mg (equiv. calcium 217mg), *Laminaria digitata* (kelp) blade and stem powder 8.33mg (equiv. iodine 25mcg), magnesium oxide heavy 146.55mg (equiv. magnesium 85mg), magnesium citrate 105.63mg (equiv. magnesium 16.27mg), zinc amino acid chelate 833mcg (equiv. zinc 250mcg), copper gluconate 3.65mg (equiv. copper 500mcg), manganese amino acid chelate 2.50mg (equiv. manganese 500mcg), Chromium picolinate 104mcg (equiv. chromium 12.5mcg), citrus bioflavonoids extract 17.5mg, rutin 17.38mg, hesperidin 4.13mg, beta carotene 982mcg, calcium ascorbate 30.49mg (equiv. ascorbic acid 25mg, equiv. Calcium 3mg), magnesium ascorbate 3.05mg (equiv. ascorbic acid 2.5mg, equiv. magnesium 200mcg), sodium ascorbate 2.81mg (equiv. ascorbic acid 2.5mg), hydroxyapatite 13.64mg (equiv. calcium 3mg), calcium gluconate 11.66mg (equiv. calcium 1mg), mixed tocopherols (high-alpha type) 15.08mg, phytomenadione (vit K1) 20mcg, biotin 125mcg, potassium iodide 34.77mcg (equiv. iodine 25mcg), zinc oxide 3.75mg (equiv. zinc 3mg), zinc citrate dehydrate 1.61mg (equiv. zinc 500mcg), selenomethionine 63mcg (equiv. selenium 25mcg), potassium citrate 34.72mg (equiv. potassium 12.5mg, R-alpha lipoic acid 5mg, choline bitartrate 2.82mg, cysteine hydrochloride 2.56mg).

Herbal extracts equivalent to dry: *Medicago sativa* (Alfalfa) leaf 22.5mg, *Punica granatum* (pomegranate) fruit 8mg, *Vitis Vinifera* (Grape) fruit 2.5g, *Camellia sinensis* (green tea) leaf 100mg, *Silybum marianum* (milk thistle) seed 80mg, *Linum usitatissimum* (flax) seed 40mg.

Warning: Not suitable for children. This product contains selenium which is toxic in high doses. A daily dose of 105 micrograms for adult women of selenium from dietary supplements should not be exceeded.

■ Fibre Snacks™

Serving size: 1 bar (35g), Servings per Package: 12

Energy: 628kJ (150cal), protein: 6g, Fat: total 6g, saturated 1g, carbohydrate: 19g, sugars: 6g, dietary fibre: total 6g, insoluble 2g, soluble 4g, sodium: 95mg, potassium: 125mg, calcium: 20mg, iron: 0.36mg

Ingredients: peanuts (20%), inulin, whey protein crisp (whey protein concentrate, rice flour), brown rice syrup, fructose, peanut butter (peanuts), glycerine, chocolate flavoured coating (sugar, fractionated palm kernel oil, cocoa, whey nonfat milk, lecithin, natural flavour) rice flour, water, corn bran, flaxseed, partially defatted peanut flour, high oleic safflower oil, natural flavour, maltodextrin, astragalus root powder, salt, acai fruit extract, rice bran, honey, caramel added for colour, goji berry extract, broccoli powder, cabbage powder, carrot powder, spinach powder, tomato powder, tocopherols (306) added to protect flavour, calcium carbonate, soybean oil.

Warning: Contains peanut, milk, and soybean ingredients. Produced on equipment that also processes tree nuts, egg, wheat, oats, barley and sesame.

■ Isagenix Greens™

Serving size: 1 packet (10g), Servings per package: 30

Energy: 126kJ (30cal), protein: 1g, fat: total 0.5g, saturated 0g, carbohydrates: 5g, sugars 1g, dietary fibre: total 3g, insoluble 1g, soluble 2g, sodium: 5mg

Ingredients: Rice bran, inulin, pineapple juice, natural flavours (green apple, cucumber, citrus), alfalfa leaf, spirulina, natural sweeteners (967, 960), carrot (45% w/w), bamboo (70% silica), thickener (412), papaya, chlorella, parsley leaf, bilberry fruit, dandelion root, ginkgo biloba leaf, green tea leaf (50% polyphenols, 35% catechins), astragalus root, milk thistle seed (80% silymarin), cinnamon bark, Brussels sprouts (0.5% w/w), ionic alfalfa leaf, grape seed (95% proanthocyanidins), chia seed, beet juice, turnip root, tomato fruit (0.2% w/w), red clover flower, cilantro leaf, dulse leaf, Siberian ginseng root, maitake, shiitake, cordyceps (7% cordycepic acid)

■ Ionix® Supreme Liquid

Serving size: 30mL. Servings per container: 32

Each 30mL of liquid contains: Thiamine hydrochloride (vit B1) 4mg, riboflavin (vit B2) 7mg, pyridoxine hydrochloride (vit B6) 8mg, vit B12 50mcg, Niacin (vit B3) 11mg, zinc 8mg, black strap molasses 8000mg, sorrel flower 200mg, ionic tri-mineral complex (calcium, phosphorus, potassium) 168mg, stevia 22mg, alpha lipoic acid 20mg, tribula terrestris 10mg, Siberian ginseng 10mg, schisandra 10mg, wolfberry 10mg, Mucuna pruriens 6mg, Rhododendron caucasicum 5mg.

Also includes: Citric acid, betaine hydrochloride, water, potassium sorbate, sodium benzoate, blueberry leaf, blueberry juice, bamboo, bacopa, ashwaganda, amla berry, ginger, hibiscus, kiwi fruit, watermelon fruit, shilajit, harada, maca, Rhodiola rosea, folic acid.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

■ Ionix® Supreme Powder

Serving size: 1 scoop (7.5g). Servings per container: 32

Each scoop contains: Nicotinamide (vit B3) 13mg, pyridoxine hydrochloride (vit B6) 1.2mg, cyanocobalamin (vit B12) 6.75mcg, thiamine hydrochloride (vit B1) 1.1mg, riboflavin (vit B2) 1mg, zinc oxide 6.2mg (equiv. zinc 5mg), folic acid 250mcg, dimethyl sulfone (MSM) 20mg, R,S-alpha lipoic Acid 25mg, *Vaccinium myrtillus* (bilberry) fresh fruit juice 200mg.

Concentrated herbal extract equivalent to dry: *Zingiber officinale* (ginger) root 20mg, *Medicago sativa* (alfalfa) leaf 500mg, *Lycium barbarum* (wolfberry) fruit 400mg, *Hibiscus sabdariffa* (hibiscus) flower 200mg, *Withania somnifera* (ashwagandha) root 120mg, *Citrullus vulgaris* (watermelon) fruit juice 140mg, *Rhododendron aureum* (rhododendron) leaf 125mg, *Terminalia chebula* (harada) fruit 150mg, *Rhodiola rosea* (rhodiola) root 120mg, *Eleutherococcus senticosus* (Siberian ginseng) root 100mg, *Phyllanthus emblica* (amla) fruit 125mg, *Bacopa monnieri* (bacopa) herb 125mg, *Tribulus terrestris* (tribulus) fruit 80mg, *Bambusa breviflora* (bamboo) stem 375mg, *Schisandra chinensis* (Schisandra) fruit 60mg, *Arctium lappa* (burdock) root 200mg.

Warning: Contains sugars. Vitamin supplements should not replace a balanced diet. Not suitable for children.

■ IsaDelight™ - Dark Chocolate

Serving Size: 1 chocolate (11.4g). Servings per Package: 30

Each serve contains: Energy: 210kJ (50cal), protein: 1g, fat: total 4g, saturated 2.5g, Carbohydrates: 5g, sugars: 3g, dietary fibre: 1g.

Ingredients: dark chocolate (87%) (chocolate liquor (no alcohol), sugar, cocoa butter, soy lecithin (emulsifier) and vanilla), IsaDelight Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tri-calcium phosphate, inulin, taurine, niacinamide, green tea extract, inositol, lecithin, vitamin B6, cholecalciferol, folic acid, and vitamin B12).

Warning: Contains soy. Manufactured in a facility that also produces products containing milk, peanuts and tree nut ingredients

■ IsaDelight™ - Milk Chocolate

Serving size: 1 Chocolate (11.4g)

Each serve contains: Energy 250kJ (60 Cal), Protein 1g, Fat, total 3g, Saturated 2g, Carbohydrate 6g, Sugars 5g, Dietary fibre 0g, Sodium 5mg

Ingredients: Milk chocolate (87%) [sugar, milk, cocoa butter, chocolate liquor (no alcohol), soy lecithin (emulsifier), vanilla], IsaDelight Amino Complex (DL-phenylalanine, gamma-aminobutyric acid, magnesium oxide, glycine, tricalcium phosphate, inulin, taurine, niacinimide, green tea extract, inositol, lecithin, vitamin B6, cholecalciferol, folic acid, vitamin B12)

Warning: Contains milk and soy (lecithin) ingredients. Manufactured in a facility that also processes tree nuts, peanuts and wheat.

■ IsaFlush™

Directions for use: Adults take one capsule twice daily.

Each capsule contains: magnesium (from magnesium oxide) 201mg, *Juglans nigra* (black walnut) fruit hull powder 25mg, herbal extracts equivalent to dry: *Hyssopus officinalis* (hyssop) herb 100mg, *Mentha X piperita* (peppermint) leaf 25mg.

Other Ingredients: maltodextrin, microcrystalline cellulose, bentonite, anhydrous citric acid, magnesium stearate, silicon dioxide, stearic acid and hypromellose.

Warning: Always read the label. Use only as directed. Drink plenty of water.

■ IsaLean Bar™ - Chocolate Cream Crisp

Servings per package: 10, Serving size: 1 bar (65g)

Each bar contains: Energy: 1,130kJ (270cal), protein: 18g, Fat: total 9g, saturated 4g, carbohydrates: 28g, Sugars: 18g, dietary fibre: total 1g, insoluble 1g, soluble 0.1g, sodium: 60mg, potassium: 480mg, vitamin A: 350mcg, vitamin C: 16mg, calcium: 405mg, iron: 4mg, vitamin D: 1mcg, vitamin E: 4.2mg, thiamin: 0.45mg, riboflavin: 0.55mg, niacin: 10mg, vitamin B6: 0.5mg, folate: 100mcg, vitamin B12: 0.3mcg, biotin: 40mcg, pantothenic acid: 2mg, phosphorus: 275mg, iodine: 50mcg, magnesium: 54mg, zinc: 4mg, selenium: 12mcg, copper: 0.6mg, manganese: 1.6mg, chromium: 12mcg, molybdenum: 24mcg.

Ingredients: Evaporated cane juice syrup, chocolate coating 19% (sugar, chocolate liqueur (no alcohol), cocoa butter, milk fat, soy lecithin, natural flavour), whey protein isolate, calcium caseinate, maltitol, almond butter, cocoa whey crisp 7% (whey protein concentrate, corn starch, cocoa), non fat dry milk, Vitamins and Minerals (potassium chloride, dicalcium phosphate, ascorbic acid, zinc, oxide, niacinamide, d-alpha tocopheryl acetate, potassium iodide, vitamin A (palmitate), manganese sulphate, biotin, copper gluconate, ferrous (ii) sulphate, riboflavin, sodium molybdate, pantothenic acid, sodium selenite, thiamine mononitrate, folic acid, pyridoxine hydrochloride, cholecalciferol, cyanocobalamin, chromium picolinate), humectant (glycerin), mineral salts (potassium chloride, dicalcium phosphate), sunflower oil, natural cream flavour, natural cookie dough flavour, gum arabic.

Warning: Contains almond, milk, and soy ingredients. Processed on equipment that also processes eggs, peanuts, and tree nuts.

■ IsaLean Bar™ - Chocolate Decadence

Serving Size: 1 bar (65g). Servings per Package: 10

Each bar contains: Energy: 1,046kJ (250cal), protein: 18g, fat: total 6g, saturated 3.1g, carbohydrate: 32g, Sugars 16g, dietary fibre: total 3g, insoluble 0.95g, soluble 1.82g, sodium: 140mg, potassium: 265mg.

Ingredients: Whey protein crisp 22% (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, soy lecithin (emulsifier)), chocolate coating 11% (sugar, vegetable oil, cocoa power, whey powder, nonfat milk powder, lecithin (emulsifier), natural flavour), brown rice syrup, evaporated cane juice syrup, whey protein isolate, invert sugar, cocoa fructose syrup (fructose, water, maltodextrin, Dutch processed and natural cocoas, salt, carrageenan, natural flavours, antioxidant (309), ascorbic acid), milk proteins, Dutch processed cocoa, cocoa rice crisp (rice flour, sugar, cocoa powder), whey protein concentrate, high oleic sunflower oil, fructose, maltitol syrup, milk proteins, inulin, natural flavours, unsweetened chocolate (50% cocoa solids) water, humectant (glycerine), emulsifier (soy lecithin), acai fruit, mineral salt, maltodextrin, astragalus root, goji berry.

Warning: Contains milk and soybean ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

■ IsaLean Bar™ - Natural Oatmeal Raisin

Servings per package: 10, Serving size: 1 bar (60g)

Each bar contains: Energy: 879 kJ (210cal), protein: 18g, fat: total 5g, saturated 3g, trans fat 0g, cholesterol: 15mg, carbohydrates: 28g, sugars: 7g, dietary fibre: total 4g, sodium: 85mg, potassium: 130mg, Vitamin A: 200mcg, Vitamin C: 32mg, calcium: 297mg, iron: 1mg, Vitamin D: 1.4mcg, Vitamin E: 11mg, thiamin: 0.22mg, riboflavin: 0.26mg, niacinamide: 2.7mg, Vitamin B6: 0.28mg, folate: 53mcg, Vitamin B12: 0.8mcg, biotin: 40mcg, pantothenic acid: 1.4mg, phosphorus: 132mg, iodine: 20mcg, magnesium: 62mg, zinc: 1.7mg, selenium: 0.76mcg, copper: 0.23mg, manganese: 0.22mg, chromium 0.3mcg, molybdenum 1.3mcg.

Ingredients: Protein blend [whey crisp (whey protein isolate, whey protein

concentrate, tapioca starch, calcium carbonate, lecithin), calcium caseinate, whey protein isolate], brown rice syrup, yoghurt flavoured coating [maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yoghurt powder (cultured whey protein concentrate and cultured nonfat milk), lecithin, natural flavour], maltitol syrup, polydextrose, raisins (7%), rolled oats (7%), water, high oleic safflower oil, natural flavour, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alphatocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin.

Warning: Contains milk and soy (lecithin) ingredients. Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

■ IsaLean™ Shake – Creamy Dutch Chocolate

Serving size: 2 scoops (61g). Servings per container: 14

Each serve contains: Energy: 1,046kJ (240cal), protein: 24g, fat: total 6g, saturated 2g, carbohydrates: 24g, sugars: 11g, dietary fibre: total 8g, insoluble 1.5, soluble 6.5g, sodium: 265mg, potassium: 380mg, vitamin C: 14mg, vitamin D: 2.5mcg, mixed tocopherols: 3.49mg, thiamin: 0.385mg, riboflavin: 0.595mg, niacinamide: 2.8mg, vitamin B6: 0.63mg, vitamin A: 187.5mg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Ingredients: Exclusive Myo-IsaLean Complex (50.8%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), fructose, cocoa powder, isomaltooligosaccharides, sunflower oil, natural flavours, olive oil, thickener (415), flax seed powder, calcium phosphate – tribasic, medium chain triglyceride oil powder (427a), magnesium oxide, sea salt, acidity regulator (332), enzymes (lactase, cellulase, invertase, lipase), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherol concentrate, vitamin C (ascorbic acid), natural sweetener (960), cinnamon powder, ferrous lactate, iodine (from kelp), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, beta-carotene, calcium pantothenate, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980mg, arginine 655mg, aspartic acid 2,110mg, cysteine 470mg, glutamic acid 4,130mg, glycine 425mg, histidine 470mg, isoleucine 1,365mg, leucine 2,270mg, lysine 1,880mg, methionine 550mg, phenylalanine 845mg, proline 1,635mg, serine 1,155mg, threonine 1,340mg, tryptophan 435mg, tyrosine 880mg, valine 1,360mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean™ Shake – Creamy French Vanilla

Serving size: 2 scoops (60g). Servings per container: 14.

Each serve contains: Energy: 1004kJ (240cal), protein: 24g, fat: total 5g, saturated 1.5g, carbohydrates: 24g, sugars: 11g, dietary fibre: total 8g, insoluble 0g, soluble 8g, sodium: 240mg, potassium: 270mg, vitamin C: 14g, vitamin D: 2.5mcg, mixed tocopherols: 3.49mg, niacinamide: 2.8g, thiamin: 0.385mg, riboflavin: 0.595mg, vitamin B6: 0.63mg, vitamin A: 187.5mcg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Ingredients: Exclusive Myo-IsaLean Complex (55.6%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk), isomaltooligosaccharides, fructose, sunflower oil, natural flavours, olive oil, flax seed powder, maltodextrin (tapioca), thickener (415), calcium phosphate- tribasic, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, apple juice powder, enzymes (lactase, cellulase, invertase, lipase) alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), psyllium seed powder, mixed tocopherols concentrate, vitamin C (ascorbic acid), ferrous lactate, iodine (from kelp), natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine, riboflavin, thiamine mononitrate, selenomethionine, Lactobacillus acidophilus, cholecalciferol, beta-carotene, calcium pantothenate, biotin, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 980mg, arginine 655mg, aspartic acid 2,110mg, cysteine 470mg, glutamic acid 4,130mg, glycine 425mg, histidine 470mg, isoleucine 1,365mg, leucine 2,270mg, lysine 1,880mg, methionine 550mg, phenylalanine 845mg, proline 1,635mg, serine 1,155mg, threonine 1,340mg, tryptophan 435mg, tyrosine 880mg, valine 1,360mg.

■ IsaLean™ Shake – Strawberry Cream

Serving Size: 1 Packet (59 g). Servings per package: 14

Each Serve Contains: Energy: 1,004 KJ (240 Cal), protein: 24 g, fat: total 5 g, saturated 1.5 g, carbohydrates: 24 g sugars: 11 g, dietary fibre: total 8 g, insoluble 0 g, soluble 8 g, sodium: 260 mg, potassium: 320 mg, vitamin C: 14 mg, vitamin D: 2.5 mcg, mixed tocopherols: 3.5 mg, vitamin B1: 0.385 mg, vitamin B2: 0.595 mg, vitamin B3: 2.8 mg, vitamin B6: 0.63 mg, vitamin A: 187.5 mcg, folic acid: 70 mcg, vitamin B12: 1 mcg, biotin: 4 mcg, vitamin B5: 0.65 mg, calcium: 320 mg, iron: 3 mg,

phosphorus: 350 mg, iodine: 54 mcg, magnesium: 80 mg, zinc: 4.2 mg, selenium: 8mcg

Ingredients— Exclusive Myo-IsaLean Complex (56.5%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), isomaltooligosaccharides, fructose, sunflower oil, natural flavours (strawberry, vanilla, vanilla custard), olive oil, flax seed powder, tapioca maltodextrin, thickener (415), medium chain triglyceride oil powder (427a), tribasic calcium phosphate, red beet juice powder, magnesium oxide, enzymes (lactase, cellulase, invertase, lipase), sea salt, alfalfa juice concentrate, natural sweetener (960), magnesium stearate (470), silicon dioxide (551), mixed tocopherol concentrate, psyllium seed powder, ferrous lactate, vitamin C (ascorbic acid), zinc oxide, potassium iodide, vitamin B3 (niacinamide), selenomethionine, *Lactobacillus acidophilus*, vitamin D3 (cholecalciferol), vitamin A (beta-carotene), vitamin B12 (cyanocobalamin), vitamin B6 (pyridoxine hydrochloride), folic acid, vitamin B5 (calcium pantothenate), vitamin B2 (riboflavin), vitamin B1 (thiamine hydrochloride), vitamin B7 (biotin)

Warning: Contains milk and strawberry ingredients.

■ IsaLean™ Shake – Kosher Natural Creamy Vanilla

Serving size: 2 scoops (61g) .Servings per container: 14

Each serve contains: Energy: 1,046kJ (250cal), protein: 23g, fat: total 6g, saturated 1 g, carbohydrates: 25g, sugars: 16g, dietary fibre: total 6g, insoluble 1.1g, soluble 4.9g, sodium: 125mg, potassium: 260mg, vitamin A: 180mcg, vitamin C: 14mg, vitamin D: 100IU, mixed tocopherols: 5.215IU, thiamin: 0.385mg, riboflavin: 0.595mg, niacin: 2.8mg, vitamin B6: 0.63mg, folic acid: 70 mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg, selenium: 8mcg.

Other ingredients: Whey protein (19.7%), calcium caseinate, milk powder, fructose, sunflower oil, vanilla flavour, fibersol, lecithin, olive oil, flax seed, vanilla bean, guar gum, tri-calcium phosphate, xanthan gum, cellulose, lemon powder, beta carotene, honey powder, magnesium oxide, acidophilus, butterscotch, alfalfa juice concentrate, soy lecithin, lactase, psyllium seed powder, cinnamon, silicon dioxide, mixed tocopherols, vitamin C (ascorbic acid), kelp, iron lactate, zinc oxide, wild yam, niacin, selenomethionine, vitamin D, vitamin B6, calcium pantothenate, riboflavin, vitamin B1, biotin, vitamin B12, folic acid.

Warning: Contains milk and soy (lecithin) ingredients.

Amino acids per serving: (naturally occurring in whey protein) alanine 900 mg, arginine 600mg, aspartic acid 1,900mg, cystine 300mg, glutamic acid 4,200mg, glycine 400mg, histidine 400mg, isoleucine 1,100mg, leucine 2,200mg, lysine 1,900mg, methionine 550mg, phenylalanine 850mg, proline 1,800mg, serine 1,100mg, threonine 1,200mg, tryptophan 320mg, tyrosine 850mg, valine 1,300mg.

*Since amino acids are naturally occurring, amounts may vary.

Barley Free, Wheat Free, Gluten Free, No Trans Fat.

■ IsaLean PRO™ – French Vanilla

Serving size: 1 Packet (68g). Servings per package: 14

Each serve contains: Energy: 1172kJ, protein: 36g, fat: total 6g, saturated 2.5g, carbohydrates: 21g, sugars: 9g, dietary fibre: total 6g, insoluble 0g, soluble 6g, sodium: 270mg, potassium: 400mg, vitamin C: 14mg, vitamin D: 2.5mcg, mixed tocopherols: 3.49mg, niacinamide: 2.8mg, thiamin: 0.385mg, riboflavin: 0.595mg, vitamin B6: 0.63mg, vitamin A: 187.5mcg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg

Ingredients: Exclusive Myo-IsaLean Complex (70%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), isomaltooligosaccharides, sunflower oil, fructose, natural vanilla flavours, thickener (415), olive oil, flax seed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), cinnamon powder, magnesium oxide, maltodextrin (tapioca), enzymes (lactase, cellulase, invertase, lipase), apple juice powder, alfalfa leaf, sea salt, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), natural sweetener (960), ferrous lactate, psyllium seed powder, potassium iodide, niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, *Lactobacillus acidophilus*, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 1,605mg, arginine 940mg, aspartic acid 3,390mg, cysteine 800mg, glutamic acid 6,040mg, glycine 655mg, histidine 745mg, isoleucine 2,140mg, leucine 3,530mg, lysine 2,880mg, methionine 815mg, phenylalanine 1,190mg, proline 2,275mg, serine 1,740mg, threonine 2,190mg, tryptophan 730mg, tyrosine 1,240mg, valine 2,045mg.

*Since amino acids are naturally occurring, amounts may vary.

■ IsaLean PRO™ – Natural Chocolate

Serving size: 1 packet (69g). Servings per package: 14

Each serve contains: Energy: 1172 kJ, protein: 36g, fat: total 6g, saturated 2.5g, carbohydrates: 21g, sugars: 9g, dietary fibre: total 6g, insoluble 1g, soluble 5g, sodium: 285mg, potassium: 460mg, vitamin C: 14mg, vitamin D: 2.5mcg, mixed

tocopherols: 3.49mg, niacinamide: 2.8mg, thiamin: 0.385mg, riboflavin: 0.595mg, vitamin B6: 0.63mg, vitamin A: 187.5mcg, folic acid: 70mcg, vitamin B12: 1mcg, biotin: 4mcg, pantothenic acid: 0.65mg, calcium: 200mg, iron: 3mg, phosphorus: 348mg, iodine: 54mcg, magnesium: 80mg, zinc: 4.2mg.

Ingredients: Exclusive Myo-IsaLean Complex (65.4%) (whey protein concentrate, milk protein concentrate, low-heat nonfat milk powder), cocoa powder, fructose, sunflower oil, isomaltooligosaccharides, natural chocolate flavours, thickener (415), olive oil, flax seed powder, tribasic calcium phosphate, medium chain triglycerides oil powder (427a), magnesium oxide, sea salt, enzymes (lactase, cellulase, invertase, lipase), acidity regulator (332), alfalfa leaf, magnesium stearate (470), silicon dioxide (551), mixed tocopherols, vitamin C (ascorbic acid), ferrous lactate, psyllium seed powder, potassium iodide, cinnamon powder, natural sweetener (960), niacinamide, zinc oxide, wild yam, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, *Lactobacillus acidophilus*, cholecalciferol, vitamin A (retinyl palmitate), calcium pantothenate, biotin, selenomethionine, cyanocobalamin, folic acid.

Warning: Contains milk ingredients.

Amino acids per serving: alanine 1,605mg, arginine 940mg, aspartic acid 3,390mg, cysteine 800mg, glutamic acid 6,040mg, glycine 655mg, histidine 745mg, isoleucine 2,140mg, leucine 3,530mg, lysine 2,880mg, methionine 815mg, phenylalanine 1,190mg, proline 2,275mg, serine 1,740mg, threonine 2,190mg, tryptophan 730mg, tyrosine 1,240mg, valine 2,045mg.

+Since amino acids are naturally occurring, amounts may vary.

■ IsaOmega™

Serving Size: 2 Softgels, Servings per Container: 30.

Each Softgel Contains: Concentrated omega-3 triglycerides - fish 1000 mg, (equiv. omega-3 marine triglycerides 630 mg; Eicosapentaenoic Acid (EPA) 330mg; Docosahexaenoic Acid (DHA) 220 mg), Pomegranate (*Punica granatum*) Seed Oil 50 mg, Borage (*Borago officinalis*) Seed Oil 20 mg, Evening Primrose (*Oenothera biennis*) Seed Oil 20 mg, Flax (*Linum usitatissimum*) Seed Oil 20.2 mg, Sunflower (*Helianthus annuus*) Seed Oil 373 mcg

■ IsaPro™ - Vanilla

Serving size: 1 ½ scoops (34.5g). Servings per container: 20

Each serve contains: Energy: 627kJ (150 Cal), protein 27g, fat: total 2.25g, saturated 1.5g, Carbohydrates: 3g, sugars: 1.5g, dietary fibre: 0g, sodium: 135mg, calcium: 75mg.

Ingredients: Whey protein concentrate (97%), natural flavours (vanilla and citrus), lactase.

Warning: Contains milk ingredients.

Amino acids per serving: Alanine 1325mg, arginine 675mg, aspartic acid 2770mg, cysteine 700mg, glutamic acid 4515mg, glycine 500mg, histidine 475mg, isoleucine 1720mg, leucine 2795mg, lysine 2270mg, methionine 625mg, phenylalanine 850mg, proline 1595mg, serine 1325mg, threonine 1820mg, tryptophan 600mg, tyrosine 870mg, valine 1570mg.

■ Natural Accelerator™

Directions for use: Adults take 1 or 2 capsules with a light snack before bedtime or take with small amount of liquid.

Each capsule contains: nicotinic acid (vit B3) 10mg, chromium (as picolinate) 25mcg, R-alpha lipoic acid 100mg, inositol 5.4mg, methionine 5.4mg, royal jelly 5.4mg, *Panax quinquefolius* 5.4mg, (American ginseng) root powder. Herbal extracts equivalent to dry: *Handroanthus impetiginosus* 108.4mg, (Pau D'Arco) stem bark powder *Medicago sativa* (Alfalfa) leaf 64.4mg, *Eleutherococcus* 11mg, (Siberian ginseng) root, *Dioscorea villosa* (wild yam) root 5.4mg, *Capsicum annuum* (cayenne) fruit 135.8mg, *Salix purpurea* 10.97mg, (willow bark) stem bark outer, *Camellia sinensis* (green tea) leaf 542mg, *Cinnamomum cassia* 27.2mg, (cinnamon) inner stem bark.

Other ingredients: Maltodextrin, apple cider vinegar powder, hypromellose, magnesium stearate, octacosanol, carnauba wax, betaine hydrochloride, silicon dioxide, and calcium hydrogen phosphate.

Warning: This product contains royal jelly which has been reported to cause severe allergic reactions and in rare cases fatalities – especially in asthma and allergy sufferers. Not suitable for children.

■ IsaGenesis™

Directions for use: Adults take 2 capsules, twice daily.

Each Softgel Contains: Cyanocobalamin (vitamin B12) 7 mcg, ascorbic acid (vitamin C) 10mg, betacarotene 1 mg, R-alpha lipoic acid 7mg, quercetin dihydrate 4mg, pomegranate (*Punica granatum*) fresh fruit juice 36mg, harada (*Terminalia chebula*) fruit 5mg

Concentrated herbal extracts equivalent to dry: Turmeric (*Curcuma longa*) root 2.46g, (equiv. curcumin 39mg), acacia (*Acacia nilotica*) stem bark 24mg, bacopa (*Bacopa monnieri*) whole plant 125mg, boswellia (*Boswellia serrata*) gum oleoresin 54mg, black tea (*Camellia sinensis*) leaf 10mg, white tea (*Camellia sinensis*) leaf 23.2mg (equiv. Epigallocatechin-3-O-gallate 695mcg), green tea (*Camellia sinensis*) leaf 720mg (equiv. Epigallocatechin-3-O-gallate 14mg), goldthread (*Coptis*

chinensis) root 15mg, horny goat weed (*Epimedium sagittatum*) herb top 205mg, *Panax ginseng* whole plant 125mg, raspberry (*Rubus idaeus*) fruit 50mg, milk thistle (*Silybum marianum*) seed 6.52g, giant knotweed (*Fallopia japonica*) root 2.4g (equiv. resveratrol 15mg), bilberry (*Vaccinium myrtillus*) fruit 28mg, grape (*Vitis vinifera*) seed 800mg, ashwagandha (*Withania somnifera*) root 80mg, marigold (*Tagetes erecta*) flower 467.5mg, Lutein esters calculated as Lutein 500mcg (equivalent Zeaxanthin 167mcg).

Warning: The recommended dose of this medicine provides small amounts of (natural) caffeine. Not suitable for children.

■ Slim Cakes™ - Oatmeal Berry

Serving size: 1 cookie (30 g). Servings per package: 1

Each serve contains: Energy: 377kJ (90cal), protein: 2g, fat: total 2g, saturated 0.5g, carbohydrates: 20g, sugars: 4g, dietary fibre: total 5g, insoluble 4.5g, soluble 0.5g, sodium: 85mg (4mmol).

Ingredients: Oats and oat bran (24%), flour, water, raisin paste, maltitol, inulin, erythritol, polydextrose, flax seeds, agave syrup, organic cane juice, blueberry white chocolate chips, dried cranberries (2.4%), milk solids (whey), sodium bicarbonate, sodium chloride, whole dried blueberries (0.1%), natural flavours, guar gum.

Warning: Contains wheat, milk and soy ingredients. May contain eggs, peanuts, tree nuts and sulfites.

■ Isagenix Snacks™ - Natural Chocolate

Serving size: 2 tablets (7.2g). Servings per package: 30

Each tablet contains: Energy: 121kJ (29cal), protein: 1.52g, fat: total 0.931 g, saturated: 0.462g, carbohydrates: 3.68g, sugars: 3g, sodium: 18.3 mg, chromium: 24µg, L-methionine: 12mg

Other ingredients: fructose, low-heat non-fat milk solids, milk protein (calcium caseinate and whey protein concentrate), emulsifier (soy lecithin), stabilisers (silicon dioxide, magnesium stearate), cocoa (5.7%), chocolate flavour, milk flavour, salt, L-methionine, chromium picolinate.

Warning: Contains milk and soy.

■ Repeish™ - Lemon Lime

Serving Size: ½ stick (10g)

Each serve contains: Energy 146.5kJ (35 Cal), Protein 0g, Fat, total 0g, Saturated 0g, Carbohydrate 9g, Sugars 8g, Dietary fibre 0g, Sodium 110mg, Potassium 95mg, Vitamin C 40mg, Vitamin B1 0.525mg, Vitamin B2 0.6mg, Vitamin B3 7mg, Vitamin B6 0.7mg, Folic Acid 140 mcg, Vitamin B12 2mcg, Vitamin B7 25mcg, Vitamin B5 1.75mg, Zinc 4.5mg, Chromium 40mcg

Ingredients: Fructose, honey powder, acidity regulators (330, 334), lemon lime (4%) (lemon juice powder, natural lemon flavour, lime juice powder, natural lime flavour), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), vitamin C (ascorbic acid), natural sweetener (960), vitamin B3 (niacinimide), zinc oxide, alfalfa leaf, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), chromium picolinate, vitamin B12, cyanocobalamin, folic acid

■ Repeish™ - Juicy Orange

Serving Size: ½ stick (10g)

Each serve contains: Energy 146.5kJ (35 Cal), Protein 0g, Fat: total 0g, Saturated 0g, Carbohydrate 9g, Sugars 8g, Dietary fibre 0g, Sodium 110mg, Potassium 95mg, Vitamin C 40mg, Vitamin B1 0.525 mg, Vitamin B2 0.6mg, Vitamin B3 7mg, Vitamin B6 0.7mg, Folic Acid 140mcg, Vitamin B12 2mcg, Vitamin B7 25mcg, Vitamin B5 1.75 mg, Zinc 4.5mg, Chromium 40mcg

Ingredients: Fructose, acidity regulators (330, 334), honey powder, orange (5%) (natural orange flavour, orange juice powder), dextrose, sodium chloride, potassium citrate, evaporated cane juice, silicon dioxide (551), betacarotene, natural sweetener (960), vitamin C (ascorbic acid), vitamin B3 (niacinamide), zinc oxide, alfalfa leaf, vitamin B7 (biotin), vitamin B5 (d-calcium pantothenate), vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), chromium picolinate, vitamin B12 (cyanocobalamin), folic acid.